



Dyheu · Dysg · Daioni

Dear Parent/Carer,

We have been advised that there has been a confirmed case of COVID-19 within your child's year group.

**Your child can continue to attend school**, however, we would ask that you be vigilant for symptoms of COVID-19 in your child. The most common symptoms of COVID-19 are:

- fever (greater than 37.8°C);
- new persistent/continuous cough; and/or
- loss or change in sense of taste or smell.

Should your child develop any COVID-19 symptoms, please do not send your child to school but get a PCR test immediately. If anyone in your household develops any of these symptoms, however mild, they should also seek a PCR test as soon as possible and follow the guidance at <https://gov.wales/self-isolation-stay-home-guidance-households-possible-coronavirus>. If the outcome of your child's PCR test is positive, they will be required to self-isolate for a period of 10 days.

As a school we are not always aware of personal circumstances and there may be vulnerable adults or children within your household or extended contact group. I hope that by giving you this information it may assist you in any decisions you may make regarding visiting elderly or vulnerable people and protecting those close to you.

You do not need to take any further action, this letter is for information only, however you may receive further correspondence from the Test Trace Protect (TTP) team who may provide you with further information and instructions. If you do not hear from them, you can continue as normal.

Anyone who is fully vaccinated (with a period of 14 days having passed since the full vaccination course was completed) or is under the age of 18 does not need to self-isolate if they are identified as a close contact of a confirmed case, unless they are advised to do so by TTP.

**Further information and advice can be obtained via the COVID-19 advice line: 01443 425020.**

We know that in general COVID-19 doesn't affect young people as seriously as it does others in our families and community. But to help keep others safe, there are still some things you/your child can do to reduce the risk of spreading the infection.

For the next 10 days we recommend you/your child:

- **Be alert for new symptoms.**  
If you/your child start to feel unwell, no matter how mild the symptoms are, you/your child should stay away from school and get a PCR test.
- **Keep washing hands regularly.**  
This is still an important way to limit the spread of many infections, including COVID-19.



We know how disruptive the last year has been for everyone. This year we want to keep your child in school as much as possible, but we also want to keep our communities safe from the effects of COVID-19.

Yours sincerely,

A handwritten signature in black ink that reads 'Craig Spanswick'. The signature is written in a cursive style with a large, prominent 'C' at the beginning.

Craig Spanswick  
Headteacher



## Dyheu · Dysg · Daioni

Annwyl Riant / Warcheidwad,

Fe'n cynghorwyd bod achos wedi'i gadarnhau o COVID-19 yn ngrŵp blwyddyn eich plentyn.

Mae modd i'ch plentyn barhau i fynychu'r ysgol, fodd bynnag, rydyn ni'n gofyn i chi gadw llygad rhag ofn bydd eich plentyn yn datblygu symptomau COVID-19. Symptomau mwyaf cyffredin COVID-19 yw:

- gwres uchel (yn uwch na 37.8°C);
- peswch cyson / parhaus newydd; a/neu
- methu ag arogl neu flasu neu unrhyw newid yn y synhwyrau yma.

Pe bai'ch plentyn yn datblygu symptomau COVID-19, peidiwch ag anfon eich plentyn i'r ysgol a threfnwch brawf PCR ar unwaith. Os bydd unrhyw un ar eich aelwyd yn datblygu unrhyw un o'r symptomau yma, waeth pa mor ysgafn ydyn nhw, mae angen trefnu prawf PCR cyn gynted ag sy'n bosibl a dilyn y canllawiau: <https://llyw.cymru/hunanyynysu-canllawiau-aros-gartref-i-aelwydydd-coronafeirws-posibl>. Os yw canlyniad prawf PCR eich plentyn yn gadarnhaol, bydd gofyn iddo/iddi hunanyynysu am gyfnod o 10 diwrnod.

Fel ysgol, dydyn ni ddim bob amser yn ymwybodol o amgylchiadau personol bob plentyn ac efallai y bydd oedolion neu blant sy'n agored i niwed yn eich cartref neu yn eich grŵp cyswllt estynedig. Gobeithio, trwy roi'r wybodaeth yma i chi, y bydd o gymorth i chi wrth wneud unrhyw benderfyniadau ynglŷn ag ymweld â phobl oedrannus neu agored i niwed a diogelu'r rhai sy'n agos atoch chi.

Does dim angen i chi gymryd unrhyw gamau pellach, mae'r llythyr yma er gwybodaeth yn unig, ond efallai y byddwch chi'n derbyn gohebiaeth bellach gan y garfan Profi, Orlhain a Diogelu a allai ddarparu gwybodaeth a chyfarwyddiadau pellach i chi. Os na fyddwch chi'n clywed ganddyn nhw, mae modd i chi barhau yn ôl yr arfer.

Fydd dim angen i unrhyw un sydd wedi'i frechu'n llawn (gyda chyfnod o 14 diwrnod ers derbyn dau frechlyn) neu sydd o dan 18 hunanyynysu os ydyn nhw'n cael eu nodi'n gyswllt agos ag achos a gadarnhawyd, oni bai eu bod yn cael eu cynghori i wneud hynny gan y garfan Profi, Orlhain a Diogelu.

**Mae modd cael rhagor o wybodaeth a chyngor drwy linell gymorth COVID-19: 01443 425020.**

Rydyn ni'n gwybod nad oes gan COVID-19, yn gyffredinol, effaith ddifrifol ar bobl ifainc i gymharu â phobl eraill yn ein teuluoedd a'n cymuned. Ond er mwyn helpu i gadw eraill yn ddiogel, mae yna rai pethau y gallwch chi / eich plentyn eu gwneud o hyd i leihau'r risg o ledaenu'r haint.

Am y 10 diwrnod nesaf rydyn ni'n argymhell i chi / eich plentyn:

- **Fod yn effro i symptomau newydd.**



Cadwch draw o'r ysgol a threfnwch prawf PCR os byddwch chi / eich plentyn yn dechrau teimlo'n sâl, hyd yn oed gyda symptomau ysgafn.

- **Barhau i olchi dwylo yn rheolaidd.**

Dyma ffordd bwysig o gyfyngu ar ledaeniad llawer o heintiau, gan gynnwys COVID-19.

Rydyn ni'n gwybod bod y flwyddyn ddiwethaf wedi tarfu ar fywydau pawb. Eleni rydyn ni am gadw'ch plentyn yn yr ysgol gymaint â phosibl, ond rydyn ni hefyd am gadw ein cymunedau'n ddiogel rhag effeithiau COVID-19.

Yn gywir,

Craig Spanswick  
Prifathro